



## SAW PALMETTO BERRIES

**Botanical Name:** *Serenoa serrulata*

**Common Name:** American Dwarf Palm Tree, Cabbage Palm, Ju-Zhong, Palmier Nain, Sabal, Sabal Fructus

**Medicinal part:** Aerial part

**Description:** Saw palmetto, is the sole species currently classified in the genus *Serenoa*. It is a small palm, growing to a maximum height around 7–10 ft (2–3 m). It is endemic to the lowlands and savanna scrubs of the subtropical Southeastern United States, most commonly along the south Atlantic and Gulf Coastal plains and sand hills.



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